



Adult Program Trip

Norfolk, VA Trip

April 22-24, 2016

Day 1 - VIRGINIA BEACH • DINNER • INTERNATIONAL TATTOO

Join us for an adventure. We will be leaving from Anne Gordon Active Adult Center at Millbrook Exchange Park (1901 Spring Forest Road) at 9:00am. Every April, when the azaleas are in full bloom, the citizens of Norfolk roll out the red carpet to honor the North Atlantic Treaty Organization (NATO) with a week-long celebration known as Norfolk's International Azalea Festival. This gala event, Norfolk's oldest and grandest, showcases one of NATO's member nations each year. Come along as we travel to the Virginia coast, where we check into our Virginia Beach oceanfront hotel for a two night stay and enjoy some free time on the beach. Dinner is included at Rockefeller's, an area restaurant tonight. This evening we make our way to the Norfolk Scope Arena and take our seats at the amazing Virginia International Tattoo. This event is a musical extravaganza with precision marching bands, massed pipes and drums, dancers, singers, gymnasts and more. It's simply one of the best shows you'll see on America's east coast! **(D)**

Day 2 - NORFOLK NAVAL BASE TOUR • NORFOLK INTERNATIONAL AZALEA FESTIVAL • PARADE OF NATIONS • DINNER

This morning we'll tour the world's largest naval base. Thrill to the sight of aircraft carriers, nuclear submarines, guided missile cruisers, and all of the other ships that form the world's most powerful armada. Visitors to the Azalea Festival are treated to a kaleidoscope of activities. See the festive Parade of Nations with bands, floats and marching units representing all member nations of NATO. You may choose to just stroll the streets and shop among vendors and local merchants. Tonight we stop by Freemason Abbey, a 142-year-old renovated church providing an elegant yet casual dinner for us. **(B, D)**

Day 3 - HERMITAGE MUSEUM & GARDENS • HOME

This morning we visit the Hermitage Museum & Gardens, an early 20th Century arts & crafts estate. This beautiful mansion houses a nationally recognized art collection spanning 5000 years and boasts 12 acres of gardens and grounds to explore before departing for home. **(B)**

We always encourage participants to wear comfortable walking shoes and clothing. The group will arrive back at the Anne Gordon Center in Raleigh at approximately 5:00pm.

Price:

City of Raleigh Resident:	Double \$727.00	Triple \$687.00	Single \$877.00
Non-City of Raleigh Resident:	Double \$742.00	Triple \$702.00	Single \$892.00
Cancellation/Trip Interruption Insurance:	Single - \$73 per person; Double & Triple - \$58 per person		

Price Includes:

Transportation via charter motorcoach, 2 night's oceanfront accommodations in Virginia Beach, attractions as stated in the itinerary, luggage handling/one piece per passenger' meals included: two continental breakfasts and two dinners.

Patron Expectations:

This trip has a moderate/high volume of walking expected, including some steps. Patron must be able to keep to the scheduled timeline of the trip. Please remember there is no one-on-one assistance provided by the escorts.



RALEIGH Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

Five Point Center 919-996-4730
Anne Gordon Center 919-996-4720
Walnut Terrace Center 919-996-6160



Price:
City of Raleigh Resident: Double \$727.00 Triple \$687.00 Single \$877.00
Non-City of Raleigh Resident: Double \$742.00 Triple \$702.00 Single \$892.00
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Cancellation Policy: Cancellations must be made, in writing at least 14 days prior to trip departure date to receive a refund. Full or partial refunds will be made only if a replacement can be found, and are subject to non-refundable expenses incurred by the Department. If the Department cancels a trip, a full refund will be given.

Make checks payable to: Christian Tours

To Register: Complete the form below and return with full payment to:

Five Points Center for Active Adults
Adult Program
2000 Noble Road Raleigh, NC 27608

For Additional Information Contact : Adult Program Staff at 919-996-4730 or 919-996-4720

Keep top portion for your records

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I understand that participating in the recreational program selected involves risk of injury or illness. These risks include, but are not limited to, inclement weather, accidents while traveling, food related illness, equipment problems or failures, contact with and actions of other participants, spectators, and volunteers, slips/trips/falls, and musculoskeletal injuries, among others. I choose for myself or for my child to participate in the selected programs despite the risks.

By signing the Program Registration form, I acknowledge all risks of injury, illness, death, and property damage, and affirm that I have assumed all responsibility of injury, illness, or death in any way connected with participation in the program. I also agree for myself and for any child participant to follow all rules and procedures of the program and to follow the reasonable instructions of the teachers and supervisors of the program.

In return for the opportunity to participate in this program, I agree for myself and for my heirs, assigns, executors, and administrators to release, waive, and discharge any legal rights I may have to seek payment or relief of any kind from the City, its employees or its agents for injury, illness, or death resulting from this program. If I am registering a child for a program, I agree that I am a parent, legal guardian, or am otherwise responsible for the child whose application I am submitting and that I release, waive, and discharge any legal rights that I may assert on behalf of the child participation in the program. I also agree not to sue the City, its employees, or its agents and agree to indemnify the City for all claims, damages, losses, or expenses, including attorney's fees, if a suit is filed concerning an injury, illness, or death to me or to my child resulting from participation in the program

Signature of participant

Date signed

Name of Participant _____ Roommate: _____

Address _____ City _____ State _____ Zip Code _____

Telephone _____ Email: _____

Emergency Contact _____ Work/Home Phone _____ Cell _____

City of Raleigh Resident : _____ Double \$727.00 _____ Triple \$687.00 _____ Single \$877.00

Non-City of Raleigh Resident: _____ Double \$742.00 _____ Triple \$702.00 _____ Single \$892.00

Cancellation/Trip Interruption insurance: _____ Double & Triple, \$58 per person _____ Single, \$73 per person

Make checks payable to: Christian Tours

Payment by Credit Card (check one): _____ Visa _____ MasterCard _____ American Express _____ Discover

Credit Card #: _____ Exp. Date: _____

Name as it appears on the credit card: _____ CVC2 # _____ (3 digits on back of card)

Amount to be Charged: _____ Signature: _____ Todays Date: _____

NON-DISCRIMINATION POLICY: The City of Raleigh does not discriminate on the basis of race, color, national origin, sex, religion, sexual orientation or disability in employment opportunities or the provision of services, programs or activities. A participant alleging discrimination on the basis of the aforementioned areas may file a complaint with either the Director of Raleigh Parks and Recreation Department or the Office of Equal Employment, US Dept. of the Interior, Washington, DC, 20240. The Raleigh Parks and Recreation Department will attempt to provide reasonable accommodations for program participants when the need or accommodation is requested in advance. To ensure a medically safe and appropriately planned program, please list (optional) any special needs or precautions which may require program accommodations for participation (i.e. visual or hearing impairment, mental or physical disability, heart condition, history of seizures, allergies, communicable diseases, diabetes, hemophilia, asthma, etc.): _____